

# Fingerstick CALIBRATION

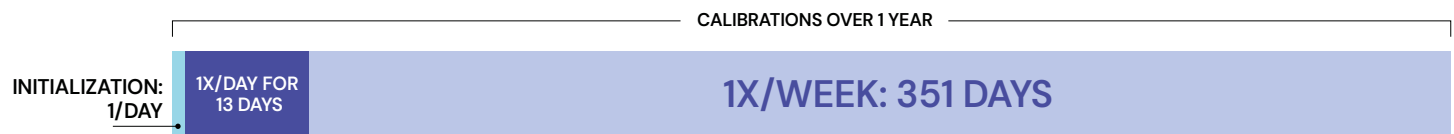
## What is Fingerstick Calibration?

Fingerstick calibration aligns CGM sensor readings with blood glucose readings from a fingerstick test.

## Why does Eversense 365 require it?

Fingerstick calibration ensures the sensor readings are as accurate as possible. It is key to the remarkable accuracy of the Eversense 365 CGM System that lasts up to 1 year. Other CGM systems that do not require fingersticks are factory calibrated and only last up to 7, 10 or 14 days.

## How often is Fingerstick Calibration required?



### Warm-up Phase

- No fingerstick calibrations are required

### Initialization Phase

- A series of 4 fingerstick calibrations 2 to 12 hours apart
- Glucose data available after 2nd calibration
- All 4 fingerstick calibrations are performed within 6 to 36 hours
- Refer to the chart below to help plan initialization phase

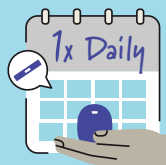
#### Fingerstick calibration times for initialization:

Warm-up phase ends: \_\_\_\_\_

#1 \_\_\_\_\_ AM/PM #2<sup>†</sup> \_\_\_\_\_ AM/PM

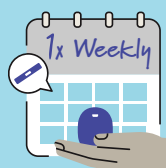
#3 \_\_\_\_\_ AM/PM #4 \_\_\_\_\_ AM/PM

### Daily Calibration Phase



- Following the initialization phase, perform a daily calibration every 24 hours for the first 13 days.

### Weekly Calibration Phase



- Calibrate every 7 days (1 x per week)
- 1 week after your last successful calibration, the system prompts you to calibrate.
- You can calibrate earlier than required if necessary to establish a day and time of the week that works best for you. For example, Saturday mornings.

## What To Use?

While any blood glucose meter can be used, we recommend the highly accurate CONTOUR<sup>®</sup>NEXT brand of blood glucose meters

# Helpful hints for more **EFFICIENT CALIBRATION:**



- Always follow the blood glucose meter manufacturer's instructions to get accurate blood glucose readings for fingerstick calibration.

- Wash your hands with warm, soapy water and dry thoroughly before taking a blood glucose meter reading. It is very important to have clean, dry hands when you test your blood glucose.



- Your fingerstick blood sugar and your sensor glucose do not always match, that is to be expected. When you enter the glucose into the *Calibrate* screen on your app always make sure to enter your **fingerstick blood sugar** and then tap *Submit*.

- Enter the blood glucose reading into the Eversense App within 10 minutes of taking the blood glucose meter reading.



- Calibrate at times when glucose is NOT changing rapidly (e.g., first thing in the morning, before meals, before dosing insulin, before exercise).

- To determine your current calibration phase, simply open the Eversense 365 app. Tap on "Menu," then select "Calibrate," where you'll find the "Next Scheduled Calibration Time."



- Plan ahead! If your next fingerstick calibration is due at a time that is not convenient for you, you can enter it early. Keep in mind, this will reset the clock for when your next calibration will be required.

- If you don't have a meter at your scheduled calibration time, you have 24 hours to complete the calibration so you can keep getting your CGM data without any interruptions.



- Calibrate when you know you will not be removing the smart transmitter during the next 15 minutes.

- Do not calibrate with blood glucose meter readings less than 40 mg/dL or greater than 400 mg/dL.



Learn more about fingerstick calibration in the user guide:  
[eversensecgm.com/user-guides](https://eversensecgm.com/user-guides)